Developmental Checklist—6 to 36 Months



This chart will help you to evaluate your child's development. It is important to remember that each child develops at his/her own pace. When you use this chart to compare your child's development, observe your child over a period of time. If your child is showing warning signs, is not reaching these milestones within the age range listed, or has overall risks for delays, call *FIRST STEPS-SOUTHEAST* at *866-644-2454* for information and assistance. Talk to your child's physician about your concerns. Anyone - such as a family member, a physician or health care provider, a child care provider – can make a referral to First Steps.

Some Overall Risks and Red Flags for Delays:

- **Complicated Birth History**
- Illness/complications during infancy requiring recurrent medical care
- □ History of ear infections
- Other diagnoses such as autism, Down syndrome, ADHD, hearing impairment, etc
- Premature birth or very low birth weight

- Limited prenatal care
- Severe prenatal or perinatal complications
- □ Maternal prenatal substance use
- □ Small for gestational age
- □ Multiple births
- Immediate family members with delays, learning difficulties, or diagnosed condition

Child's Age	Milestones	Warning Signs
By 6 months	 ⇒ Making sounds other than crying ⇒ Rolling from stomach to back and back to stomach ⇒ Beginning to sit up ⇒ Grasping, reaching and transferring toys from hand to hand ⇒ Reacting to sounds and responding voices 	 ⇒ Difficulty sucking ⇒ Not gaining height and weight ⇒ Not responding to sounds and voices ⇒ Not beginning to make sounds other than crying ⇒ Stiff limbs/overall tightness ⇒ Weak limbs ⇒ Not using hands to play with toys ⇒ Not smiling in response to others
By 12 months	 ⇒ Babbling with 6- 7 different consonant sounds such as m or d ⇒ Imitating sounds and saying a few words ⇒ Responding to simple words such as no and bye ⇒ Gesturing and vocalizing to request ⇒ Creeping, crawling and cruising ⇒ Sitting alone ⇒ Pulling to a stand ⇒ Picking up small objects and banging objects on the table ⇒ Playing pat a cake or peek a boo ⇒ Holding out objects to "show" ⇒ Feeding self small bits of cereal ⇒ Playing with caregivers ⇒ Exploring and touching a variety of textures 	 ⇒ Not imitating sounds ⇒ Not babbling different sounds ⇒ Not saying a few words ⇒ Not pointing and vocalizing to request to meet needs ⇒ Not responding to name or to simple words such as "bye" or "no". ⇒ Not standing, crawling and sitting on own ⇒ Not picking up small objects ⇒ Not playing with parents, siblings and toys
By 18 months	 ⇒ Responding to simple requests such as "give me the ball" ⇒ Listening to simple rhymes and songs ⇒ Tasting foods with a variety of textures ⇒ Imitating and saying a few words (10 – 15 words) ⇒ Jabbering in a way that sounds like language ⇒ Walking without support ⇒ Playing in a typical way with toys ⇒ Showing affection ⇒ Looking at books and turning pages ⇒ Scribbling with a crayon ⇒ Putting objects in container ⇒ Using a spoon with some spilling and drinking from a cup 	 ⇒ Not responding to simple requests ⇒ Not listening to stories or songs ⇒ Not imitating and saying words ⇒ Not walking independently ⇒ Not playing with toys and caregivers ⇒ Not showing a variety of emotions ⇒ Not scribbling or putting objects in a container ⇒ Not self-feeding ⇒ Avoiding textures

Child's Age	Milestones	Warning Signs
By 24 months	 ⇒ Using more words and putting words together ⇒ Showing interest in and playing with a variety of toys ⇒ Pointing to a few pictures of familiar people or objects and body parts ⇒ Obeying simple two part commands ⇒ Speech can be understood about 65% of the time ⇒ Running, jumping, climbing, kicking and throwing ⇒ Using crayon to make lines and circular scribbles ⇒ Building a 4 – 6 block tower and putting pegs in a peg board ⇒ Says "no" often ⇒ Engaging in parallel and pretend play ⇒ Playing alone for a few minutes ⇒ Removing clothes 	 ⇒ Not putting words together ⇒ Not obeying simple commands some of the time ⇒ Not physically active ⇒ Not scribbling or building with blocks ⇒ Not showing interest in toys and social or pretend play ⇒ Not expressing affection ⇒ Not beginning to undress self ⇒ Sensitive to or avoiding a variety of textures
By 30 months	 ⇒ Using 3—4 word sentences frequently ⇒ Answering simple questions such as "What is your name?" or "Where are you going?" ⇒ Following 2 step directions ⇒ Speech is understood by people outside the family most of the time ⇒ Walking up and down stairs ⇒ Building 8 block tower, snipping with scissors, and placing square pegs in a board ⇒ Expressing emotions ⇒ Interest in playing with others but may not share well ⇒ Putting on some clothing independently, feeding self with utensils, washing/drying hands 	 ⇒ Not talking in simple sentences or answering simple questions ⇒ Speech is difficult to understand ⇒ Physically awkward or clumsy or inactive ⇒ Not feeding and dressing self ⇒ Not interested in social play and playing with a variety of toys ⇒ Not expressing a variety of emotions
By 36 months	 ⇒ Has vocabulary of at least 300 words, expressively ⇒ Is intelligible about 80% of the time ⇒ Relating experiences using short grammatical sentences ⇒ Climbing, catching, riding a trike, jumping, going up and down stairs alone and running well ⇒ Actively playing with a variety of toys including puzzles, books, pegs, crayons and blocks ⇒ Feeding self and dressing and undressing with minimal assistance ⇒ Playing simple interactive games and enjoying playing with others ⇒ Beginning to obey simple rules 	 ⇒ Limited vocabulary ⇒ Difficult to understand ⇒ Leaving endings off words ⇒ Not answering simple questions or relating experiences ⇒ Not speaking in simple 4 word sentences ⇒ Physically awkward or clumsy or inactive ⇒ Not playing with a variety of toys ⇒ Not obeying simple rules ⇒ Not interested in playing with other children

If you have concerns about your child's development, call your local early intervention program, <u>First Steps South-East</u>, <u>866-644-2454</u>, for information or assistance. Indiana First Steps wants to be sure infants and toddlers receive services now to help them in the future.

www.firststepssoutheast.org